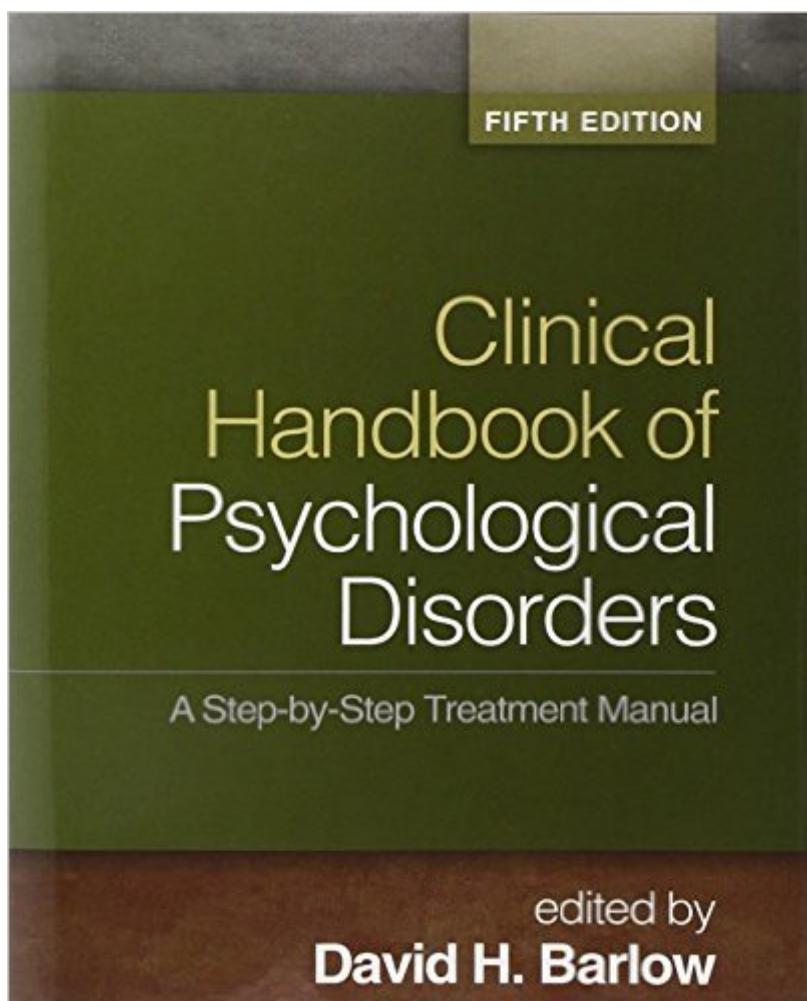


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# **Clinical Handbook Of Psychological Disorders, Fifth Edition: A Step-by-Step Treatment Manual (Barlow: Clinical Handbook Of Psychological Disorders)**



## **Synopsis**

This clinical reference and widely adopted text is recognized as the premier guide to understanding and treating frequently encountered psychological disorders in adults. Showcasing evidence-based psychotherapy models, the volume addresses the most pressing question asked by students and practitioners--"How do I do it?" Leading authorities present state-of-the-art information on each clinical problem and explain the conceptual and empirical bases of their respective therapeutic approaches. Procedures for assessment, case formulation, treatment planning, and intervention are described in detail. Extended case examples with session transcripts illustrate each component of treatment. **New to This Edition** \*Incorporates treatment innovations, the latest empirical findings, and changes to diagnostic criteria in DSM-5. \*Chapter on acceptance-based treatment of generalized anxiety disorder. \*Chapter on comorbid depression and substance abuse, demonstrating a transdiagnostic approach. \*Chapter on sleep disorders.

## **Book Information**

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## **Customer Reviews**

I first encountered Barlow's work in grad school. I prepurchased this edition because I knew it would be good! I've read that it takes 17 years for researched effective interventions to become mainstream.....I'd like to be a part of lowering that average.What I like the most about this is the up to date researched effective intervention methods.....

The kindle version is completely useless. It is not kindle-compatible or Windows 8-compatible, which means that through these means I couldn't even open it. I could open it through my android device but couldn't read it though, because it was like reading scanned pages with miniature text.

Great text to have in your clinical library. It breaks down the more common disorders, what therapy techniques are appropriate for them, and how to facilitate a reduction of symptoms and/or recovery. Love this text!

Arrived in perfect condition and has been extremely useful already towards my studies as I am beginning graduate school. I have also been able to utilize this text in my internship as well, when I have been unsure of how to move forward in creating treatment plans for my clients. Definitely worth the price!

I am so impressed with this book. There is a lot of information in this book, but it's presented in a way that is interesting and easy to ready. I like that there are sample cases that demonstrate how the therapist uses the techniques.

This book gives great information about a variety of mental illnesses and the treatments used for each. Research evidence is used to support the treatments most effective for treating each illness. This volume is up to date and relevant to the DSM-5.

Great information for clinicians. Very detailed and also great for beginners. Easy to use..client and therapist characteristics is a nice detailed touch of both angles.

Just like it said in the ad!!

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